

# CORONAVIRUS

How can you protect **yourself** and **others**?



Wash your hands regularly with soap and water



Cough and sneeze into your elbow



Use paper tissues



Do not shake hands

When should you **phone** your doctor?



Fever above 38°C



Breathing difficulties (cough or shortness of breath)



You have been in contact with a coronavirus patient



You have been to a country affected by coronavirus

For more information, visit: [stig.as/coronavirus](https://stig.as/coronavirus)



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